

The Young Canadians Roundtable on Health (YCRH) was created in 2013 based on one of the recommendations in The Sandbox Project's founding report, *Reaching for the Top*. The recommendation focused on creating a national advisory of youth leaders to participate in decision-making around child and youth health. The YCRH's activities happen across Canada, bringing together as many youth perspectives as possible.

The YCRH operates in a unique model within the frame of the Sandbox Project, while being youth-run and youth-led. Working in close partnership with The Sandbox Project staff, YCRH leadership has the authority to make decisions and coordinate youth health projects independent of Sandbox approval. Membership is open to Canadian youth aged 15 to 32. Currently, the YCRH is made up of 50 youth from across Canada.

Mission

1. To close the gap that exists between youth and policy makers regarding youth health and to be the collaborating organization that represents diverse Canadian youth.

Vision

1. A world where youth have the ability to share and discuss concerns about their health and wellbeing and contribute to the development of initiatives that influence their community.

Values

1. Include and respect diverse Canadian youth voices through equity, inclusion and accessibility.
2. Advocate, engage and consult with Canadian youth.
3. Foster national partnership and collaboration with Canadian youth organizations.



Strategic Plan

2023-2024

Strategic Goals & Objectives

Goal:

To create a new governance structure to ensure the sustainability of the organization in 10 years.

Objectives:

A diverse and effective leadership providing quality governance, ensuring resources are used effectively, outcomes are our focus and quality is prioritized.

Strengthen the organizational capacity and sustainability of the organization as a well-respected national network bringing together adolescents and youth.

Ensure current youth are able to contribute meaningfully, while being valued for their contributions.

Goal:

To foster new partnerships with government and policy makers to ensure youth voice is taken into account in decision making.

Objectives:

Establish more consistent communication with Members of Parliament/Ministers.

Create opportunities to help inform policy changes at the federal and provincial level.

Help to advise the government on the next *State of Youth* report in 2024.

Goal:

To continue to create opportunities to educate Canadian youth with the goal of improved quality of life in youth across the country.

Objectives:

Create new workshops and educational opportunities for youth on topics that will allow them to advocate for themselves on issues that are important to them.

Promote employment, volunteer, training and research study opportunities as well as healthy living and self care resources.

Leverage social media platforms to reach, educate youth on health issues and to help decrease misinformation

Goal:

Collaborate with partners in marginalized communities (i.e. BIPOC, LGBTQIA+) to ensure their inclusion in activities in an authentic manner

Objectives:

Identify gaps in research that exist and collaborate to create community initiatives.

Ensure responsive, inclusive, participatory and representative decision-making.

Map, review and integrate youth inclusivity into existing resources and tools for capacity strengthening.