

CONSULTANCY SERVICE PACKAGE

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ABOUT US

The **Young Canadians Roundtable on Health** (YCRH) was created in 2013 based on one of the recommendations in The Sandbox Project's founding report, *Reaching for the Top*. The recommendation focused on creating a national advisory of youth leaders to participate in decision-making around child and youth health. The YCRH's activities happen across Canada, bringing together as many youth perspectives as possible. The YCRH operates in a unique model within The Sandbox Project, while being youth-run and youth-led. YCRH leadership has the authority to make decisions and coordinate youth health projects independent of Sandbox's approval.

MISSION

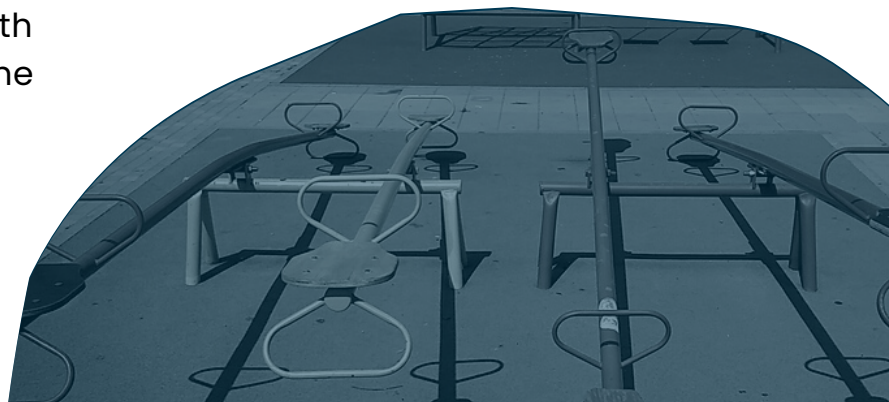
To close the gap that exists between youth and policy makers regarding youth health and to be the collaborating organization that represents diverse Canadian youth.

VISION

A world where youth can share and discuss concerns about their health and wellbeing and contribute to the development of initiatives that influence their community.

OBJECTIVES

- Be Canada's leader in youth engagement and education pertaining to child and youth health.
- Lead youth in creating independent initiatives and policy
- Briefs in the areas of mental, physical and emotional wellbeing as well as broader societal and environmental factors.
- Create opportunities to support and educate Canadian youth with the goal of improved quality of health in youth across the country.
- Foster new partnerships with individuals and organizations involved in youth health issues.
- Generate national awareness of youth health initiatives.
- Collaborate with partners to advance equity and inclusion in child and youth-related research and programs.



MEMBERS OF THE YCRH

The roundtable is composed of over 50 members from across Turtle Island (Canada) with various backgrounds and identities, providing the Roundtable with a wealth of lived experiences and contextual knowledge regarding youth and children's health. As a champion for youth engagement on health topics, the roundtable is pleased to offer consultation services to interested organizations or individuals.

WHY SHOULD YOU ENGAGE WITH YCRH MEMBERS?

Members of the roundtable identify with varying identities, knowledge, and lived experiences in child and youth health. Many bring their lived experience to the forefront when collaborating on projects and initiatives within the roundtable. Thus, they bring valuable experience and expertise to those looking for youth engagement related strategies.

Please check our [members' page](#) to view each of the member's expertise.

Expertise range from and not limited to:

- Mental Health and Wellness
- Paediatric and Youth Health
- Chronic Illness
- Youth Engagement
- Social Justice, Policy, and Government
- Research and Evaluation
- Knowledge Mobilization & Knowledge Translation
- Health Services and Care Pathways
- Education
- Health Equity
- Public Health and Promotion
- Physical Health
- Program Planning, Implementation
- Nutrition
- Indigenous Health
- Women's Health
- Research and Evaluation
- Eating disorders
- Quality Standards and Improvement

SERVICES OFFERED

Examples of services offered by the Roundtable include, but are not limited to the following:

1. **Research Development, Translation, and Mobilization**

- a. Providing input and co-creation on research projects and grant applications
 - i. Such as protocols, recruitment strategies, procedures
 - ii. Research outputs (knowledge mobilization and translation)
 - iii. Amplifying results

2. **Providing input and co-creation on youth policy development**

- i. Youth council/youth representative framework
- ii. Youth Programming
- iii. Identifying opportunities for youth engagement within research

3. **Workshops and Session Facilitation**

- a. Facilitation of focus groups, discussions, and roundtables
- b. Workshops on best practices for youth engagement

4. **Strategic Youth Engagement Development**

- a. Identifying opportunities to improve youth engagement
- b. Building youth engagement strategies

Note:

YCRH members provide consultations of up to one (1) hour at a time. For each requested project, there must be a **minimum of 5 hours** of engagement per youth.



PROCESS OF CONSULTATION

1

FILL OUT THE INTEREST FORM

For any potential consultation request, interested individuals and/or organizations must submit a request to one of the Executive Directors through this [form](#). The Executive Directors will review all request to ensure that it matches our scope of expertise.

2

INITIAL MEETING

The Executive Director(s) will schedule an initial virtual meeting with the interested parties to understand their reasons for wanting to have a consultation with the YCRH.

1. Please come prepared with any materials that may be relevant to the consultation such as:
 - a. Research question(s), proposed study design, and other research related items
 - b. Proposed YCRH involvement
 - c. Other related items to the project

3

SIGN AN AGREEMENT

If the YCRH leadership decides that we are to move forward with providing consultation services for your organization, individuals and/or organizations must sign an agreement. The document stipulates the honoraria terms and requires acknowledgement of the YCRH and the Sandbox Project in any associated products.

HONORARIA

Honoraria will be agreed upon with the Executive Director(s) of the YCRH prior to signing the agreement. Our honoraria will be based upon a pay scale that will correspond with the tasks being asked of our youth. The total number of hours of involvement will vary depending on the project or initiative and will be decided between both the Executive Director(s) and the organization.

If you have any questions, please reach out to ycrh@sandboxproject.ca or visit: <http://sandboxproject.ca/ycrh-consultancy-service>