



Children's
Healthcare
Canada

Santé
des enfants
Canada



Immunize
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Kid-Friendly Resources

Games

- [CARD Game for Kids](#) is a game kids can play to teach them about the process of getting the vaccine. Click [here](#) to play!
- Colouring sheet - https://www.gov.nt.ca/covid-19/sites/covid/files/resources/arctic_vaccinator_colouring_sheet_eng.pdf

Videos

- How mRNA vaccines work - <https://www.chop.edu/video/how-mrna-vaccines-work>
- TikTok explainer of how mRNA vaccines work - <https://www.tiktok.com/@hotvickkrishna/video/6937457241968643334>
- [CHEO](#) Pre, during and post vaccine tips for kids by kids - <https://www.youtube.com/watch?v=qLFdFGOqvvgg>
- BC Children's Hospital: COVID-19 test video for children to watch - https://www.youtube.com/watch?v=AhC6_JXagxE
- How do vaccines work? - <https://www.youtube.com/watch?v=rb7TVW77ZCs>
- COVID-19: How vaccines are developed - <https://www.youtube.com/watch?v=Y5IZgZCS8j0>
- Ask a Scientist: Was the COVID-19 vaccine research rushed? - https://www.youtube.com/watch?v=yMphGEEX_F4
- Animation of how COVID-19 vaccines work - <https://www.youtube.com/watch?v=UGPp7zdToKk>
- Why so many Covid-19 variants are showing up now - <https://www.youtube.com/watch?v=Ha6yUxzeIvk>
- Herd Immunity: Understanding COVID-19 - <https://www.youtube.com/watch?v=6CXBLqLCIrw>
- Kids Talk – They share how much the vaccine means to them - <https://www.youtube.com/watch?v=LtS-CRSw-ik>

Online Resources

- [Max the Vax](#) is a source of tremendous information for caregivers and feel safe and protected and make informed, educated decisions about being vaccinated against COVID-19. - <http://www.oacas.org/what-we-do/communications-and-public-engagement/maxthevax/>



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- Max the Vax FAQs for children ages 5-11 years - <http://www.oacas.org/wp-content/uploads/2021/11/Max-Facts-Youth-1.pdf>
- Give vaccines a shot – Science North: Check out videos, events, school programs, podcast episodes, and other FUN online activities with accurate educational content - <https://www.sciencenorth.ca/give-vaccines-shot>
- Elmer the Safety Elephant – Canada Safety Council: Register for free resources for use by teachers for their students - https://learn.vubiz.com/elmerportal/Info_EN.aspx

Books

- Little Reah – A Culturally Relevant Vaccination Story - <https://drive.google.com/file/d/15ljm70IY6Bu1bL24X0nGIXqEK62oISmU/view>
- Little Louis – A Culturally Relevant Vaccination Story - <https://drive.google.com/file/d/1u0jqCqu4ac4Ehbxb1pqTv2II5z0ZW4YQ/view>

Comics

- The Arctic Vaccinator: Covid Destroyer - https://issuu.com/hsscommunications/docs/arcticvax_english-compressed_jan21
- Le Vaccinateur de L'Arctique: Destructeur De La COVID-19 - https://issuu.com/hsscommunications/docs/arcticvax_french-compressed_jan21

Planning Ahead of Your Vaccine

- Learn about the steps you can take before, during and after your appointment to make your experience more comfortable - <https://www.albertahealthservices.ca/ctc/page17560.aspx>
- Needle Pain & Anxiety Management for Vaccinations - <https://kidsinpain.ca/wp-content/uploads/2021/11/Vaccine-Pain-Needle-Fear-Resources-v2-November-2021.pdf>

Help Us Improve

- [Survey](#): Families Canada would appreciate your support in completing a short survey to help identify the needs of families and family support workers, what is being done, what works and doesn't work and any other information you can share about your experience on-the-ground. - <https://www.surveymonkey.com/r/9Q852VL>

Promotional Resources

- Resources to Promote the COVID-19 Vaccine for Children & Teens - <https://www.cdc.gov/vaccines/covid-19/planning/children/resources-promote.html>